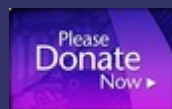




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Please help support Our Temple,
Dharma Study, Resident Student
Program & Our Practice Schedule
& Programs offered to the Public.

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Public Practice Schedule

Monday

7:00 am Zazen
7:40 am Morning Chanting Service

6:00 pm Zazen
6:40 pm Evening Chanting Service

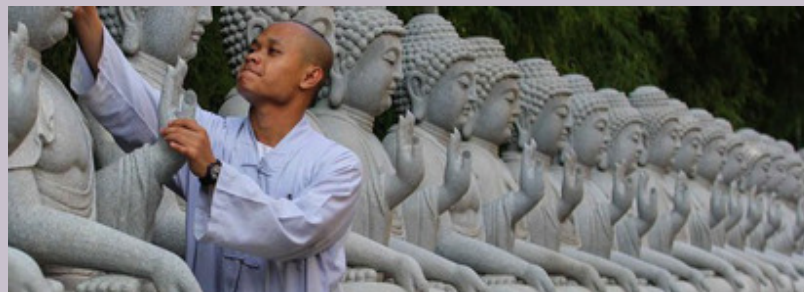
Tuesday- Friday

6:00 am Zazen
6:40 am Kinhin (walking
meditation)
6:50 am Zazen
7:20 am Chanting Service
7:40 am Soji (brief temple

May 27, 2014

HSZC.org

Sangha e-Newsletter 2014



One Atom of Dust

Feng Hsueh, giving a talk said

'If you set up a single atom of dust, the nation flourishes, if
you do not set up a single atom of dust, the nation perishes'.

Notes:

1. He rouses clouds and brings rain. He wants to be host and be guest.
2. "I am king of all things and the autonomous master of all things." Clusters of flowers, clusters of brocade.
3. This is not the business of his house.
4. He sweeps away the tracks and obliterates the traces, having lost his eyes, his nostrils are gone too.
5. Everywhere light shines. What is the use of the nation? This is entirely the business of his house.
6. One must stand like a mile-high wall to accomplish this. Bodhidharma has come.
7. Return the words to me. Although they are right, he wants to even out what is



cleaning)

6:00 pm Zazen

6:40 pm Chanting Service

Thursdays Study Hour 7:30pm

Saturday

6:30 am Zazen

7:10 am Chanting Service

7:25 am Soji

8:30 am Drop-in instruction

9:25 am Zazen

10:15 am Dharma Talk

11:00 am Refreshments/Social

not even. It is necessary to deal with Hsueh Tou to accomplish it. But do you know? If you know, I admit that you are autonomous and free. If you do not know, you get hit three thousand times in the morning, eight hundred times in the evening.

The old peasants may not unfurrow their brows,

There is someone three thousand miles away. Delicious food is not for a satisfied man to eat.

But for now I hope that the nation establishes a sturdy foundation.

The one song of great peace, everyone knows. When you want to go, go, when you want to stay, stay. Heaven, earth, the whole world is one gate of liberation. How will you establish it?

Crafty ministers, valiant generals - where are they now?

Are there any? Are there? The land is board, the people are few, and rarely is anyone met with. But do not point to yourself.

Ten thousands miles' pure wind, only I know.

If there is no one by your side, who will you have sweep the ground? Here's another cloud-dwelling saint.

[The Blue Cliff Recorded, Translated by Thomas Cleary & J.C. Cleary](#)



HIV Meditation Sitting Group

weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!
Thursdays & Fridays

10:30 am zazen

11:00 am garden socializing

Meditation in Recovery



Group photo the day of [Aloka Vihara](#) Nuns had a departing from San Francisco to their [new Vihara location](#) by Placerville, CA, gathering at HSZC
May 2014 --- Photo by Tom Hawkins



Upcoming Events:

Dharma Talks- [Rev. Myō Lahey](#) - May 31, Jun 14,21,28 @10:15am

Guest Speaker Saturdays - June 7 [Konin Cardenas](#), July 19 [Renshin](#)

(Men & Women)
weekly meditation group for men &
women in recovery from addiction

Fridays, 7:30 pm - 9 pm

**Women's Meditation in
Recovery**

(Women only)
monthly meditation group for
women in recovery from addiction.

First Thurs, 7:15 pm -8:45 pm

Bunce; July 26 [Jamie Howell](#); **August 16** [Hobu Beata Chapman](#); August 30
[Mark Lancaster](#); **September 13** [Jisan Tova Green](#); October 11 [Laura Burges](#)
December 27 [Mark Lancaster](#)

Full Moon Ceremony - Saturday, June 14 @ 11am - the Full Strawberry or
Rose Moon. This is also Flag day!

Sangha Council - TBD

Founder's Memorial - Issan's Memorial is generally on the 6th of the
month, & the memorial for Philip Whalen is generally on the 26th @
6:40pm

Study Hour - Book of Serenity, we have books to share, we read together,
feel free to drop-in - Thursdays @7:30pm

Next Board of Directors' Meeting - Second Wednesdays of the month
June 11 @7:30pm You're welcome to attend & observe.

Hartford Street Sangha practice week at Tassajara - July 8th through the
11th, 2014. The male available rooms are all filled, we have 2 spots left for
female attendees.

Winter Study Period - (similar to a practice period) is planned to kick off
around Sejiki (Late October) and run through Rohatsu and the Winter Light
5 day retreat (Early December).

Words From Our Abbot: Rev Myō Lahey

...If we don't spend so much time with each other it's easy to lose the feeling
for it. Which makes all the more important when we are together to make this
effort, to turn towards, to bring that expression, to share with one another, to
let that expression happen. Even in the monastery I have to say people will
turn away. Even reminding them that 'didn't you kinda of take a vow to not do,
that? to not turn away?' they will turn away anyhow.

And sometimes I am in a position to remind them that there's a kind of a more
advanced practice than that, that maybe they can do. And sometimes people
hear that and sometimes they don't. And sometimes the on-rushing impulse
of Karma is such that it just carries them away. But then sometimes they'll

come back. Sometimes people will say 'well, I realize I am supposed to turn towards you but I can't do that today, because I just feel so horrible and I am so mad at you so how about tomorrow?' and well that's OK, tomorrow we will get together. That's another way to do it. But you're right that vow has to be in place and respected, whether we have formally announced taking that vow. Like we're wearing special clothes or something.

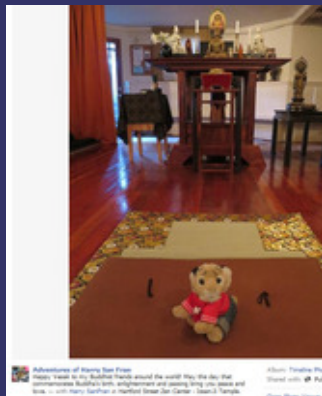
That vow effects all of us whether we have made that formal step or not. Often then the clothing part, the special clothing, is simply a community acknowledgement of that ongoing vow, rather than 'oh this person is doing this cool thing and they are taking these precepts', which is true, but usually the ceremony is to acknowledge what is already happening. So whether we spend much time reflecting on these vows, they are already transforming our lives.

[Valley Streams Sangha - Dharma Talk July 28, 2013](#)



Bodhisattva news:

Richard Chiofalo for participating in the Neighborhood social event on



A [traveling animal](#) photoed & shared on Facebook much like the Garden Gnome who visits famous sites, here @ HSZC...

May 17th and helping us stay connected with home owners in our area.

Paul Lee will be participating in the AIDS Walk 2014 with Team Maitri-Donations welcome and appreciated by [visiting here](#).

Shunko Jamvold for helping us to order and even transport several new temple objects from Japan.

All who schedules permitted who were able to attend the Aloka Vihara Nuns going away tea & conversation gathering. Including our friend Elaine Donlin of the [BCSF](#)!



Aloka Vihara Nuns receiving a gift from HSZC for their new Sierra foothills Vihara Location. A Deva देव to watch and help the prosperity, well-being and protection for the new Aloka Vihara location for all those who live and visit there: May 2014

- Photo by Tom Hawkins

Sangha Member Musing -

Gathering and departing
Life arising and falling away
But please wont you stay
The tea is still warm and your company comforting
...Not this time, but next when you visit me.

Sweet parting words.
Love expressed reverberate for countless kalpas in all 10 directions.
Put that love in your scrapbook, print it on a T-shirt,

write it in a greeting card
and thereby you'll fall into suffering.

- KeiDo

Other Holidays or Events:

[Shavuot](#) (Jewish Holiday) - June 4, Wednesday

[World Environment Day](#) - June 5, Thursday

[Flag Day](#) - June 14, Saturday

[Father's Day](#) - June 15, Sunday

[Juneteenth](#) - June 19, Thursday

[Summer Solstice](#) June 21, Saturday

[Ramadan](#) Begins (Islamic) June 29, Sunday



New altar implements make a very stunning image. Carried to us personally from an old HSZC member all the way from Japan! Thank you Shunko Jamvold!

Seeking a **LGBTQI, Buddhist** space for your wedding? HSZC & Abbot Rev.

Myō Lahey can be a part of this amazing & love filled ceremony. HSZC can house your Zen Buddhist Wedding ceremony & Rev Myō can perform weddings! Please email hszc108@yahoo.com, call us, or a better way yet is to stop in & discuss during our publicly open hours.



Abbot, Hartford Street Zen Center (HSZC) --- Reverend Myō Lahey



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San Francisco, CA 94114



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415.863.2507

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May this newsletter find you well & equanimous! __/__

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